

# FORMATION TOPICS INFORMATION AND RESOURCES:LISTS (rev. 9/12/2012)

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## Interviews

### Interviews

Content:: **Interviews** are to take place periodically during all phases of initial formation.

Resources: Samples can be found in:

- [Come and See](#) - pg. 20-21, 59
- *FUN Companion CD – Interview Guides Folder*

## Orientation

### **O-1 The Life of Francis**

Content:: Biography of Francis

- Resources:
- [The Franciscan Journey](#) - Ch. 3
  - [The FUN Book](#) – *The Franciscan Family – A Brief Introduction* pg: 1-12
  - [Come and See](#) - pg. 28-29

### **O-2 The Branches of the Franciscan Family**

Content:: Understand the origin and relationship of the three first orders & TOR and second order.

- Resources:
- [The Franciscan Journey](#) - Ch. 2
  - [The FUN Book](#) – *The Franciscan Family – A Brief Introduction* pg: 1-12

### **O-3 The Secular Franciscan Order**

Content:: Who we are! The purpose of formation and how we live. The structure of the order and requirements to become an OFS.

- Resources:
- [The Franciscan Journey](#) - preface (i)
  - [The Franciscan Journey](#) – Ch. 2 pg.11-13

### **O-4 Phases of Formation and Expectations**

Content:: Understand the purpose of Orientation, Inquiry and Candidacy.

- Resources:
- [The FUN Book](#) - *Foundational Topics for Initial Formation* - pg.7-12
  - [The FUN Book](#) - *For the Formator* - pg.11-25
  - *FUN Companion CD – Pathway to Profession Folder*
  - [The Franciscan Journey](#) - Ch. 1,4,10
  - [Come and See](#) - pg. 7
  - [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 109-113

## **0-5 Brief Review of Catholic Doctrine and Christian Morals**

Content:: Brief review of Catholic doctrine and Christian morals including: Scripture, Trinity and Christology, the Church, Liturgy and Sacraments; Mary and Canon Lay..

- Resources:
- Come and See - pg. 63
  - The Franciscan Journey - pg. 28
  - The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 123-127
  - The FUN Book – Basic Catholic Doctrine PG 1-24
  - *FUN Companion CD – Basic Catholic Doctrine Folder*

## **0-6 The Franciscan Movement**

Content:: History of the Order and the Rule.

- Resources:
- The Franciscan Journey – Ch. 7

## **0-7 Elements of Ecclesiology and Theology of the Laity**

Content:: The study of what the Church is – pre and post Vatican II including nature and mission of the Church; place of the Laity; viewing the world; relationship of Baptism to laity; and lay spirituality.

- Resources:
- The FUN Book - *Elements of Ecclesiology & Theology of the Laity* - pg. 1-14
  - *FUN Companion CD – Ecclesiology of the Laity Folder*
  - The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 103-107

## **0-8 The Apostles Creed**

Content:: Understand the meaning.

- Resources:
- Catechism of the Catholic Church -Section II -- *Profession of Christian Faith* - par. 185ff
  - *FUN Companion CD - Creed Folder*

# Inquiry

## **I-1 The Catholic Church in light of Vatican Council II**

Content:: Development of the Rule of 78 and life of the OFS based on Vatican II documents. The Franciscan application of Vatican II documents.

Resources: • [The Franciscan Journey](#) - Ch. 9

## **I-2 Lay Spirituality as a Franciscan**

Content:: Understanding the Franciscan spiritual life.

Resources: • *Use the Decree on the Laity from Vatican Council II*  
• [The Franciscan Journey](#) - Ch. 5, 8, 19  
• [The Franciscan Journey](#) - pg. 113

## **I-3 Ritual of the Secular Franciscan Order and Organizational Structure Of the Secular Franciscan Order**

Content:: Become familiar with the content and the use of the Ritual. Discuss the last two references below In-depth.

Resources: • [The Ritual](#)  
• [The Franciscan Journey](#) – Ch. 2 (Review)  
• [The Fun Book](#) –*The Franciscan Family – A Brief Introduction* - pg 1-12 (Review)

## **I-4 Franciscan Movement I - Life of St. Francis**

Content:: Understand Francis' call by God and his spirituality.

Resources: • [The FUN Book](#) - *Franciscan Movement: part 1 – The Journey of Francis* {Lesson Plan} - pg. 1-7  
• [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 85-88  
• [Fully Mature in the Fullness of Christ](#) – *Inquiry #3* - pg: 034-1 – 03-24  
• [The Journey and the Dream](#)  
• *FUN Companion CD* – [Francis and Divinity](#)  
• *FUN Companion CD* – [Francis and the Blessed Virgin Mary](#)

## **I-5 Franciscan Movement II - Your Own Journey**

Content:: Understanding your call by God and your spirituality.

Resources: • [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 171-175  
• [The FUN Book](#) – *Franciscan Movement Part II* - pg: 8-10  
• Your own experiences

## **I-6 Vocation & Discernment**

Content:: Learning what is discernment and how to do it. Recognizing a call.

Resources: • [The FUN Book](#) - *What is Formation?* - pg. 13-20  
• [The FUN Book](#) - *Vocation God's Call*- pg. 3-18  
• *FUN Companion CD* – *Vocation Folder*  
• [Come and See](#) - pg. 54-58, 80-87

- The Franciscan Journey - pg. 14-20
- Fully Mature in the Fullness of Christ – *Inquiry #2* - pg: 0-1 – 0-24

### **I-7 Charism of Founder & Mission in the Church**

Content: Understanding the Franciscan concepts of Vocation, Charism and Mission.

- Resources:
- The FUN Book - *The Vocation, Charism & Mission of Secular Franciscans* - pg. 3-20
  - *FUN Companion CD – Charism & Mission of SFO Folder*
  - Fully Mature in the Fullness of Christ – *Candidacy #6* - pg: 12-1 – 12-28

### **I-8 Nature of the Secular Franciscan Order**

Content: In-depth understanding of the Order and the Franciscan family.

- Resources:
- The FUN Book - *Nature of the Secular Franciscan Order* - pg. 3-24
  - *FUN Companion CD – Nature of SFO Folder*
  - The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 91-95
  - Fully Mature in the Fullness of Christ – *Inquiry #4* - pg: 04-1 – 04-20
  - Fully Mature in the Fullness of Christ – *Candidacy #7* - pg: 013-1 – 13-24

### **I-9 Our Identity as a Secular Franciscan**

Content: In-depth understanding of who we are (being part of an order) and who we are called to be.

- Resources:
- The FUN Book - *Our Identity as A Secular Franciscan* - pg. 3-24
  - *FUN Companion CD – Identity as an SF Folder*
  - Fully Mature in the Fullness of Christ – *Inquiry #6* - pg: 06-1 – 06-19
  - Fully Mature in the Fullness of Christ – *Candidacy #5* - pg: 11-1 – 11-24

# Candidacy

## C-1 Sacred Scripture, especially the Gospels

Content: How scripture is part of our daily life.

- Resources:
- [Come and See](#) - pg. 102-111
  - [Catechism of the Catholic Church](#) - par. 81
  - [On Evangelization in the Modern World](#) - par.21,22,23
  - [Francis of Assisi –The Saint](#) - Vol. 1 - pg.109
  - [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 117-121

## C-2 The Volterra letter

Content: Understanding the meaning of the Volterra letter and application to our lives.

- Resources:
- \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 21-23; 41-42
  - \* [From Gospel to Life](#) - pg. 4-7
  - \* [The Fun Book – The Rule of the Secular Franciscan Order](#) pg. 2-3
  - \* [The Franciscan Journey](#) - pg. 113-121
  - \* Other sources:
    - [Poverty & Joy - Following the Footsteps of Jesus](#) - pgs. 74-75 - Wm. Short, OFM, 1999
    - [The Sacrament of Charity \(Sacramentum Caritatis\)](#) - par. 71 - Benedict XVI, 2007
    - [Saved in Hope \(Spe Salvi\)](#) - par. 26 - Benedict XVI, 2007

## C-3 Our Rule (Session 1)

Content: Understand the place of the Order in the Church.

- Resources:
- \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 24; 43-48
  - \* [From Gospel to Life](#) - pg. 10-11
  - \* [The Fun Book – The Rule of the Secular Franciscan Order](#) pg. 5-17
  - \* [FUN Companion CD – Rule of SFO Folder](#)
  - \* [The Franciscan Journey –The SFO Rule](#) - Ch. 11 pg: 122-130**22**. **Our Rule – Session 2**

## C-4 Our Rule (Session 2)

Content: Understand the way of life of the OFS.

- Resources:
- \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 25-31; 49-60
  - \* [From Gospel to Life](#) - pg. 12-24
  - \* [The Fun Book – The Rule of the Secular Franciscan Order](#) pg. 18-27
  - \* [FUN Companion CD – Rule of SFO Folder](#)
  - \* [The Franciscan Journey](#) - Ch. 12-27 pg: 131-300

## C-5 Our Rule (Session 3)

Content: Understand life in fraternity.

- Resources:
- \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions](#) - Pg 31-35; 61-65
  - \* [From Gospel to Life](#) - pg. 24-31
  - \* [The Fun Book – The Rule of the Secular Franciscan Order](#) - pg. 28-45
  - \* [FUN Companion CD – Rule of SFO Folder](#)
  - \* [FUN Companion CD – Spiritual Assistance to SFO Folder \( See Ch. 33 of The Franciscan Journey\)](#)
  - \* [The Franciscan Journey](#) - Ch. 28-33 pg: 301-370

### **C-6 JPIC (Session 1)**

Content: Understand articles 15 through 19 of the Rule.

- Resources:
- \* Fully Mature in the Fullness of Christ – Candidacy #8 - pg: 14-1 – 14-26
  - \* The Fun Book – JPIC - pg. 3-17
  - \* *FUN Companion CD – JPIC & CST Folder*

### **C-7 JPIC (Session 2)**

Content: Understand articles 15 through 19 of the Rule.

- Resources:
- \* Fully Mature in the Fullness of Christ – Candidacy #8 - pg: 14-1 – 14-26
  - \* The Fun Book – JPIC - pg. 18-26
  - \* *FUN Companion CD – JPIC & CST Folder*

### **C-8 Conversion – Penitential Movement**

Content: An In-depth understanding of the conversion process and its fruits

- Resources:
- \* The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 129-133
  - \* Come and See – pg. 34
  - \* The Franciscan Journey - Ch. 15
  - \* Fully Mature in the Fullness of Christ – Candidacy #2 - pg: 08-1 – 08-32
  - \* The Fun Book – Penitence and Conversion - pg. 1-17
  - \* *FUN Companion CD - Conversion Folder*

### **C-9 Francis and His Approach to Divinity (Session 1)**

Content: . An In-depth understanding of Franciscan Theology

- Resources:
- \* The Fun Book - St. Francis and His Approach to Divinity – Session 1 - pg. 3-11

### **C-10 Francis and His Approach to Divinity (Session 2)**

Content: Understand articles 15 through 19 of the Rule.

- Resources:
- \* The Fun Book - St. Francis and His Approach to Divinity – Session 2 - pg. 12-16
  - \* *FUN Companion CD – Francis & Divinity Folder*

### **C-11 Profession and the Secular Franciscan (Session 1)**

Content: Understanding what profession means.

- Resources:
- \* The Fun Book – Profession and the Secular Franciscan – Session 1 - pg. 3-11
  - \* *FUN Companion CD – Profession Folder*

### **C-12 Profession and the Secular Franciscan (Session 2)**

Content: Understanding what profession means.

- Resources:
- \* The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 183-186
  - \* The Fun Book – Profession and the Secular Franciscan – Session 2 - pg. 11-16
  - \* *FUN Companion CD – Sample Profession Preparation Folder*

### **C-13 Understanding Franciscan Theology Tradition & Spirituality (Session 1)**

Content: Expanding Franciscan Theology after Francis.

- Resources:
- \* [Come and See](#) - pg. 46
  - \* [The Fun Book – Understanding Franciscan Theology, Tradition & Spirituality – Session 1](#) - pg. 3-16

### **C-14 Understanding Franciscan Theology Tradition & Spirituality (Session 2)**

Content: Expanding Franciscan Theology after Francis.

- Resources:
- \* [The Fun Book – Understanding Franciscan Theology, Tradition & Spirituality – Session 2](#) - pg. 17-26

### **C-15 Fraternity and Francis & Fraternity as a Fundamental Element**

Content: In-depth understanding of what fraternity is and why it is important.

- Resources:
- \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 97-101 \(as community\); 177-182 \(as fraternity life\)](#)
  - \* [Fully Mature in the Fullness of Christ – Candidacy #1](#) - pg: 07-1 – 07-26
  - \* [The Fun Book – Fraternity and Francis & Fraternity as a Fundamental Element](#) pg.4-22
  - \* [FUN Companion CD – Fraternity Folder](#)

### **C-16 Francis & the Blessed Virgin Mary**

Content: Understanding the relationship of Francis to the Blessed Virgin Mary.

- Resources:
- \* [The Franciscan Journey – The Mother of God and our Mother](#) - Lester Bach, OFM Cap. Ch. 17 pg: 188-194
  - \* [The Fun Book – Francis and the Blessed Virgin Mary](#) pg. 1-16
  - \* [FUN Companion CD – Francis & BVM Folder](#)
  - \* [The Rule of the Secular Franciscan Order with a Catechism and Instructions - Pg 147-151](#)
  - \* [Fully Mature in the Fullness of Christ – Candidacy #11](#) pg: 17-1 – 17-1

### **C-17 St. Clare of Assisi**

Content: The life and legacy of St. Clare and its relationship to the OFS.

- Resources:
- \* [Come and See](#) - pg. 28
  - \* [Come and See](#) - pg. 87
  - \* [The Franciscan Journey](#) - pg. 67
  - \* [The Fun Book – St. Clare of Assisi](#) - pg. 1-24
  - \* [FUN Companion CD - Clare Folder](#)

### **C-18 History of the SFO and its Rule**

Content: .

- Resources:
- \* [Come and See](#) - pg. 94
  - \* [The Franciscan Journey](#) - Ch. 7, 9
  - \* [The Fun Book – A Brief History of the Secular Franciscan Order and its Rule](#) - pg. 1-34

\* *FUN Companion CD – Rules of the SFO Folder*

## **C-19 General Constitutions & Statutes**

Content: Understanding the structure and content of our governing documents

- Resources
- \* Study Guide – Study Guides available at [www.nafraformation.org](http://www.nafraformation.org)
  - \* The Franciscan Journey - Ch. 9
  - \* Come and See - pg. 94
  - \* General Constitutions 2000
  - \* National (NAFRA) Statutes
  - \* Regional Governance Norms - St. Francis Region 2008
  - \* *FUN Companion CD – Essential Documents Folder*

## RESOURCE MATERIALS

<b>Title</b>	<b>Author</b>	<b>Date</b>	<b>Source</b>
<i>The Fun Book</i>	NAFRA Formation Team	2011	NAFRA Formation
<i>The Fun Book Companion CD</i>	NAFRA Formation Team	2011	NAFRA Formation
<i>Come and See</i>	Lester Bach, OFM Cap. & Teresa Baker, SFO	2001	Smokey Valley Printing & Amazon.com
<i>From Gospel to Life</i>	Benet Fonck, OFM	1979	Franciscan ReSources: & Amazon.com
<i>The Franciscan Journey</i>	Lester Bach, OFM Cap.	2010	Smokey Valley Printing
<i>The Rule of the Secular Franciscan Order with a Catechism and Instructions</i>	Conelio Ramos, OFM, Felipe Baldonado, OFM, Capuchin Friars, Secular Franciscans & Zachary Grant, OFM Cap.	1980	Franciscan Herald Press & Amazon.com
<i>Fully Mature in the Fullness of Christ</i>	Benet Fonck, OFM	1983	Franciscan ReSources: & Amazon.com
<i>Catechism of the Catholic Church</i>	USCCB	1994	On[ine version @ <a href="http://old.usccb.org/catechism/text/">http://old.usccb.org/catechism/text/</a> and <a href="http://www.scborromeo.org/ccc.htm">http://www.scborromeo.org/ccc.htm</a>
<i>Decree on the Laity from Vatican Council II</i>			
<i>The Ritual of the Secular Franciscan Order</i>	Benet Fonk, OFM	1985	Franciscan ReSources: & Amazon.com
<i>On Evangelization in the Modern World</i>	Paul VI (Apostolic Exhortation)	1978	
<i>The Sacrament of Charity (Sacramentum Caritatis)</i>	Benedict XVI	2007	
<i>Saved in Hope (Spe Salvi)</i>	Benedict XVI	2007	
<i>Poverty &amp; Joy</i>	Wm. Short, OFM	1999	

## SOURCES

<b>Publisher</b>	<b>Address</b>	<b>Phone</b>	<b>Web or Email</b>
Smokey Valley Printing	Gox 189, Lindsborg, KS 67456	785-227-2364	Email: lindabce@kans.com
Franciscan ReSources:	15219 310st, Menahga, MN 56464	218-837-5447	<a href="http://franciscanreSources:.com/">http://franciscanreSources:.com/</a>
Franciscan Herald Press	1434 W. 51 <sup>st</sup> St, Chicago, IL 60609		<a href="http://isbndb.com/d/publisher/franciscan_herald_press.html">http://isbndb.com/d/publisher/franciscan_herald_press.html</a>
Amazon.com			<a href="http://www.amazon.com/">http://www.amazon.com/</a>