



## *The CORD*

San Luis Rey Fraternity of the  
Secular Franciscan Order  
Mission San Luis Rey, Oceanside, CA.

[www.slr-ofs.org](http://www.slr-ofs.org)



Mass in the Serra Center at 10:00 A  
Community Prayer in the St. Clare Chapel after Mass  
Lunch in the O'Keefe Lounge from 12:00-12:50 PM

**\*\*\*Upcoming Gathering on August 4 & 5, 2017\*\*\***

### ***Aug. 4<sup>th</sup> District Picnic***

“Please remember to bring your own utensils, plates, coffee cup and water bottle. Sister Mother Earth thanks you for your kindness.” Donna OFS.

### ***Aug. 5<sup>th</sup> Regular Gathering***

Topic and theme, our Holy and Awesome Rule. By Donna OFS, our Minister.  
Can't believe that it is 40 years old. I had been a 'Secular' for about 13-14 years when we got this awesome 'new' rule.

**Council Meeting after meeting in Luisano room at ~3:15-5:00 on Aug. 5<sup>th</sup>.**



**As our international General Minister requests, we are going to take our first look at our Holy Rule on Aug. 5<sup>th</sup>, at our General Meeting.**

**Minister's Note:** for August (Image: (next page) William-Adolphe Bouguereau, *The Virgin with Angels*)

## The Feast of the Portiuncula and Our Own "Little Portion"

Dear brothers and sisters,

May the Lord give you peace. As we approach another significant Franciscan day, may you each be blessed in the love of God. On August 2, we celebrate the Feast of Our Lady of the Angels of Portiuncula (or Little Portion). Note the full name of the feast day: we – like St. Francis – celebrate not just a place, but a *person*. It is good to remember that the big city to the north of us is not "LA" or even "the City of Angels." Its original name was "El Pueblo de Nuestra Señora la Reina de los Angeles del Río de Porciúncula" ("the town of Our Lady the Queen of Angels of the River Porciúncula."

The friars who named that area may have been remembering the story from their brother, Thomas of Celano:

The Seraphic Father Francis, on account of the special love which he had for the Blessed Virgin, was particularly devoted to the little chapel known as Our Lady of the Angels or Portiuncula. ...

There he founded the Order of Friars Minor, there he prepared the foundation of the Poor Clares, and there he happily ended his earthly career. ...

... he often said to his brothers: "See to it, my sons, that you never abandon this place. If you are driven out from one side, go back in at the other. For this place is truly holy and is the dwelling place of God."

Why do you think Francis, the man who clung to nothing, felt so strongly about this place, this "little portion"? According to Thomas of Celano, St. Francis said it was because:

Here, when we were but a few, the Most High gave us increase; here He enlightened the hearts of His poor ones by the light of His wisdom; here He set our wills afire with the fire of His love.

Do you feel San Luis Rey Fraternity could be your own Portiuncula? Will you keep coming back, as Francis exhorted his brothers to do? Can you help others to feel their hearts enlightened by God's wisdom and their wills afire with His love?

In this month that brings us feasts of the Portiuncula, St. Clare, the Assumption, and St. Louis, may our fraternity grow in holiness to truly become "a dwelling place of God."

Our Lady Queen of Angels, St. Francis, St. Clare and St. Louis – pray for us!  
Donna, OFS, Minister





**JPIC Message for August**

**We  
Are  
All  
One!**

**Love Winnie OFS  
JPIC chairman**



Peace on Earth

**Prayer to St. Francis for Fidelity to the Rule**

Holy father, loving and most beloved St. Francis,  
I beseech you by the holy wounds of our Lord Jesus Christ,  
which were imprinted on your body,  
assist me to govern the five senses of my body according to the will and pleasure of almighty God.

Intercede for me, so that I may be most faithful in the observance of your Rule of Penance.

Obtain for me contrition and devotion, faith, hope, and charity, patience, and purity of body and soul, together with the grace of persevering in the service of our Lord; so that after this life I may merit to come to you, and with you to enjoy eternal happiness, which I hope through your intercession to obtain from Christ our Lord.

Amen

From the Secular Franciscan Companion, Marion A. Habig, OFM © 1987 page 54, and Tertiaries Companion © 1961, rev. 1976. page 218.





# District Picnic Aug 4, 2018



Yes, we will be blessed this month with the District Picnic, Aug. 4<sup>th</sup> and our regular gathering Aug. 5<sup>th</sup>. Hopefully you will be able to make both but we understand those that can only make one event.

**REMEMBER** for the picnic, to bring your own reuseable



:  
Plate, glass and or mug  
Utensiles, ie knife fork and spoon  
Reuseable napkin and placemat  
And a 'reuseable' shopping bag to put it all  
in



**Mother Earth says, "Thank You!"**

We are asking you to do this little favor to our planet, as it is being taken over by our refuse, and if we have little to no refuse then "Mother Earth" will be happy with us.

NOTE: Reuseable doesn't mean that it can't be made of Melamine, as we don't expect to see your best China. We are only asking that you don't use, 'single use' disposable dinnerware and utinsiles.

Enough of that, as we are going to have lots of  
**Fun and Games, in addition to the taisty  
Pot Luck lunch provided by our hosts, the  
SLR Fraternity.**



We will be meeting behind the Mission's Retreat Center at the Pavilion that can be accessed by walking through the big red wooden gates, or for those bringing heavy/large items, mobility limited members..., the back gate in the Retreat Center parking lot will be open and available for parking in the F.S.T. parking area.



'Kathleen White OFS' kdwofs@comcast.net [TAU-Daily]

<TAU-Daily-noreply@yahoo.com>

To: Kathleen White OFS

Jul 16 at 6:16 AM



### July 16 - Saint Mary Magdalen Postel (Sainte Marie-Madeleine Postel) 1756-1846

Julie Frances Catharine Postel, the daughter of a rope manufacturer, was born at Barfleur in Normandy on November 28, 1756. After her elementary education, she received further training from the Benedictine nuns at Volognes. There she decided to devote her entire life to the service of God and her neighbor, and privately took the vow of chastity.

Five years after she opened a school for girls in La Bretonne, the French Revolution broke out. During the persecution Saint Mary Magdalen Postel played a heroic part in helping the priests who were in hiding or in prison and in strengthening the faith of the loyal Catholics of Barfleur. **She was authorized to keep the Blessed Sacrament in her house, and when conditions grew worse to carry the Blessed Sacrament on her person and even to administer Holy Viaticum to the dying in cases of emergency. The Jacobins often suspected her, but she enjoyed the special protection of God and no harm came to her.**

After the storm had passed, Saint Mary Magdalen Postel helped to restore the Faith by catechizing young and old, and began to teach school once more at Cherbourg. With the approval of the Vicar Louis Cabart, she and two other women established a religious community there in 1805; and two years later they and another who had joined them pronounced their vows. They called themselves the Poor Daughters of Mercy and observed the rule of the Third Order of St Francis.

During the first thirty years, the new Franciscan sisterhood encountered many bitter disappointments and trials, but Mother Mary Magdalen, as Julie was now called, persevered courageously in her vocation. The motherhouse of the congregation was transferred in 1832 from Cherbourg to the former Benedictine abbey of St Sauveur le Vicomte in Courtaunce; and in 1837 the Vicar General Delamare substituted, in place of the Third Order rule, that of St John Baptist de la Salle, the founder of the Christian Brothers. Henceforth the members of the community were called Sisters of Mercy of the Christian Schools. During the last few years of her life, Mother Mary Magdalen saw her sisterhood expand and achieve great things. It was at her instigation also that the Vicar General Delamare in 1843 founded the School Brothers of Mercy at Montebourg.

Mother Mary Magdalen was almost ninety years old when she died on July 16, 1846. Her sisterhood continued to grow and spread also to other countries, especially England and Italy. In 1862 it was established in Germany when four school teachers adopted the statutes of these sisters; but in 1920 this foundation became independent, with its motherhouse at Heiligenstadt. The original French sisterhood received papal approbation in 1901. Mother Mary Magdalen was canonized in 1925 by Pope Pius XI.



## MARY, COMFORT OF THE AFFLICTED

1. Consider that the Blessed Mother of God has been appointed as the consoler of all who suffer, especially those who, like **Saint Mary Magdalen Postel**, meet unexpected and discouraging difficulties in the work they have undertaken solely for the honor of God and the good of souls. Holy Mother Church bids us call on our Lady: "Comforter of the afflicted, pray for us!" And it is right that she should be so called, because she brought into this world the God of all comfort, and still more so because she has been given as a mother to all who suffer. The beloved disciple stood deeply afflicted beneath the cross of our dying Savior, and our Lord pointed to our Lady with the words: "Behold, your Mother!"(Jn 19:27). Where does a sorrowful child turn more instinctively than to the heart of his good mother? – Are you suffering? Go to Mary! Behold your Mother!

2. Consider why Mary is full of pity towards all who suffer. She herself tasted all sufferings, in fact was satiated with suffering to the utmost. She can ask of all: "Behold and see whether there is suffering like to mine" (Lam1:12). A mere glance at the Sorrowful Mother brings comfort and helps us see how small are our sufferings compared with hers. And tender compassion prompts her to help us in our distress. She could not even witness the embarrassment of the wedding feast at Cana without asking her Divine Son to relieve them. Say, therefore, with confidence: "To thee do we cry, poor banished children of Eve. Turn thine eyes of mercy towards us in our necessities!" – Have you turned with confidence to Mary in your sufferings?

3. Consider the power Mary has to help the afflicted. She is now the Queen of heaven, and has influence through her intercession over the omnipotence of God. At her wish all our sorrows can be converted to joy. But because she is also a wise virgin and knows that suffering and crosses contribute to our salvation, she sometimes leaves them for her best clients to bear, but then she sends them strength and comfort. That is what **Saint Mary Magdalen Postel experienced. That is what thousands of others experience at the various shrines of our Lady. Beg her that in all the visitations of God she, too, may visit you and obtain for you God's strengthening grace.**

## PRAYER OF THE CHURCH

O God, the Sublimity of the humble and the Strength of those who hope in Thee, who didst make Saint Mary Magdalen Thy virgin wondrous by virtues, and through her didst enrich Thy Church with a new progeny, mercifully grant that by her help, and being freed, in imitation of her, from earthly things, we may always hold on to things of heaven. Through Christ our Lord. Amen.

from THE FRANCISCAN BOOK OF SAINTS

edited by Marion Habig, OFM

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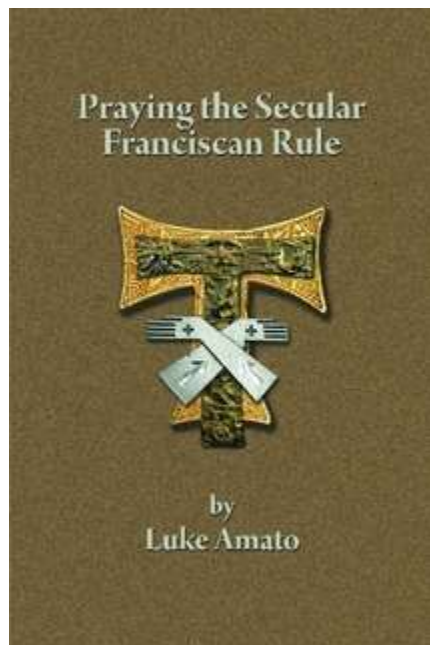
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# PRAYING THE SECULAR FRANCISCAN RULE

By [Luke Amato](#), ofs  
Paperback, 92 Pages

☆☆☆☆☆ This item has not been rated yet **Price: \$11.99**

Prints in 3-5 business days



This book is for all those attracted to the way St. Francis & St. Clare of Assisi followed Jesus. All of us are called to make the Gospel an integral part of our lives, going from Gospel to Life and from Life to Gospel. Our Rule incorporates the very essence of the Gospel itself. We were taught to EVERY DAY READ the Bible, especially the Gospel, plus one paragraph from our Holy Rule. But deep commitment does not occur by a mere cursory reading of the Gospels or Rule. But here is a 2,000 year old way to truly pray Scripture and our Holy Rule; it's called "Lectio Divina", aptly described as "Prayerful Reading." The four steps are simply: Read, Reflect, Respond, and Receive/Resolve. Our St. Bonaventure, O.F.M., has taken the second step much deeper by asking us to REFLECT first on the literal meaning and then the 3 spiritual meanings as they affect our faith, morals, & eternal destiny.

Be advised, this is an Active Link, and it will take you to Amazon.com where you can actually purchase a copy, If multiple persons would like a copy, I can get a discounted rate from the author himself. Editor.

The Rule is also posted on our website at: <http://www.slr-ofs.org/our-rule.html>



## Formation Reminders from our Formation Director



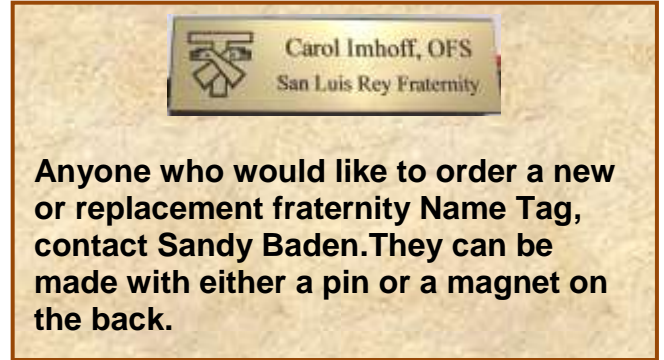
Classes are held the Saturday before the meeting, please call Sandy at for more information. See also our Fraternity [formation page](#).

God Bless,  
Sandy Baden, OFS  
Director of Formation

### Anniversaries of Profession



Jul. 7, 2013   Dorothia H  
Jul. 11, 2004   Irene E  
Jul. 13, 2014   Haynes M  
Jul. 21, 1996   Denise S  
Jul. 10, 2016   Brinda D  
Jul. 10, 2016   Karen W  
Jul. 10, 2016   Luis G



### Memorials



[William Haynes, OFS - 08/26/2016](#)  
[Alice Pritchard, OFS - 08/07/2013](#)  
[Julia Dexter, OFS - 08/13/2003](#)

### Birthdays



3       Frances G  
22      Dorothy M

### Let us Pray for our brothers and sisters, especially:



- ❖ For the safety of Donna our Minister in all her endeavors.
- ❖ For Pope Francis, Bishop Robert McElroy, and all Diocesan Bishops for all of our pastors, priests, deacons and consecrated religious, including those in lay orders and institutes.
- ❖ For the victims of war and terrorism throughout the world.
- ❖ For all served by our fraternity's outreach program.
- ❖ All of our Fraternity members, especially: our council, our brothers and sisters in formation, our elderly and or homebound.
- ❖ Members of all three Orders of the Franciscan Family.



Oh, last but definitely not least, remember your donation envelope for the Common Fund. The box will be waiting for you.

Or mail to: Eileen Costa

## *Fraternity Council*



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