September Meeting
Our September meeting will be held at St. Patrick House on Sunday, September 9th at 12:30 PM. I am including a summary of this month’s ongoing formation from Happiness in this Life by Pope Francis. This book, as was stated in our last newsletter, will constitute our ongoing formation for the foreseeable future. Please take the time to read the summary and to meditate on it. Come to the meeting ready to share.

The council is slated to hold a brief meeting during lunchtime at the gathering on September 8th.

Gathering
Our annual Gathering will occur this Saturday, September 8th in San Diego. It will be held in St. Gregory the Great Catholic Church hall at 1141 Blue Cypress Drive, San Diego, CA 92131. The Gathering will begin at 9:00 AM and will end at 3:00 PM. This is a chance to see our brothers and sisters from all over the St. Francis Region which goes from San Luis Obispo to the U.S./Mexico border and from the Pacific Coast to the border of Arizona and Nevada. We will meet at 7:00 AM at Jane’s home and carpool. Please bring reusable eating utensils (cup, plate, flatware), a name badge if you have one (or just introduce yourself), and something for the lunch potluck. A continental breakfast will be served.

Take the I-215 S. to the I-15 S. Take the I-15 S to Mercy Rd./Scripps Poway Parkway. Turn left. Mercy Rd. becomes Scripps Poway Parkway. Go to Cypress Canyon Road and turn right. Go to Blue Cypress Road and turn right. The church will be on your right.

Ongoing Formation
Happiness in this Life by Pope Francis
For our first lesson, we will study the beatitudes which are presented in the introduction along with comments from Pope Francis. Please meditate on the Beatitudes and on Pope Francis’ message during this week.

Introduction: The Path of Happiness
Beatitudes

- Blessed are the poor in spirit, for theirs is the Kingdom of Heaven.
- Blessed are they who mourn, for they shall be comforted.
- Blessed are the meek, for they shall inherit the land.
- Blessed are they who hunger and thirst for righteousness, for they shall be satisfied.
- Blessed are the merciful, for they will be shown mercy.
- Blessed are the clean of heart, for they shall see God.
- Blessed are the peacemakers, for they shall be called Children of God.
- Blessed are they who are persecuted for the sake of righteousness, for theirs is the Kingdom of Heaven.
- Blessed are you when they insult you and persecute you and utter every kind of evil against you falsely because of Me.
- Rejoice and be glad, for your reward will be great in Heaven. Thus they persecuted the prophets who were before you.

Pope Francis says, “Take the Gospel, the little one you carry with you—remember, you should always carry a little Gospel with you in your pocket or purse. Always. The Beatitudes are found in Matthew, chapter 5. Read them every day, and try not to forget them. They are the Law that Jesus gives us.” He goes on to say that the Beatitudes contain all of Christ’s Gospel. He says that they contain the essence of Jesus and His way of life. According to Pope Francis, they are the path to true happiness. The Holy Father says we can also travel this path with the grace Jesus gives us. Pope Francis, General Audience, August 6, 2014. (Cont. page 2)
Consider the message of the beatitudes. How do you live the message? Where do you struggle?

For Further Reading on the Beatitudes

I am currently reading a book called *The Eight Doors of the Kingdom: Meditations on the Beatitudes* by Fr. Jacques Phillippe. He is a member of the Community of the Beatitudes which was founded in 1973. PB ISBN is 9781594172755. E book ISBN is 9781594172762. Enjoy. Dixie

Las Cartas

Reflection: Be Doers of the Word

St. James says in the word, “Be doers of the word and not hearers only, deluding yourselves.” (James 1:22) That scripture should speak to the heart of each Franciscan. St. Francis directed us in his *Letter to All the Faithful*, “to live the gospel of Jesus Christ by loving the Lord our God and serving our neighbor and by participating in the Holy Eucharist; he bids us service to reject sin and the things of this world and to lead a life in which we mirror Christ.” For us to actively live the Gospel life, we must spend time in prayer with Jesus and listen attentively to His response. As Franciscans, our Gospel life should focus on the word each day, and, in turn, that helps us be doers of the word. We are strengthened through our way of life, and our building of our community life, and in our service to others, especially the poor. St. Francis instructed his brothers how they should serve and work. Francis said, “Let all brothers apply themselves with diligence to good works, for it is written be always busy in some good work and that the devil may find thee occupied.” Peace and All Good. Janet

Words of wisdom from Padre Pio

“Prayer is the best weapon we have it is a key that opens God’s heart. You must speak to Jesus, not only with your lips, but also with your heart; actually, on certain occasions, you should speak with only your heart.

Saints’ Corner

St. Rose of Viterbo

The exact dates of the birth and death of St. Rose of Viterbo are uncertain, but experts believe she was born in 1235 and died on March 6, 1252.

Her parents were poor and pious. Rose was known for her holiness and miraculous powers from her earliest years. At the age of three, she raised her aunt to life. At the age of seven, she was living the life of a recluse and was devoting herself to penances. Her health suffered, but she was cured by the Blessed Mother who ordered her to join the Third Order of St. Francis and to preach penance to her town. At that time, Viterbo was held by Frederick II of Germany and was full of political strife and heresy. She preached for about two years and was so successful, the prefect of the city decided to banish her. Therefore, Rose and her parents were expelled from Viterbo in January, 1250 and took refuge in Sorriano. On December 5, 1250, Rose foretold the death of the emperor. He died on December 13th. She

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then went to Vitochiano whose residents had been corrupted by a famous sorceress. Rose brought about the conversion of all in the town including the sorceress by standing unscathed for three hours in the flames of a burning pyre. With the restoration of papal power in Viterbo, Rose returned to the city of her birth.

She wished to enter the monastery of St. Mary of the Roses, but was refused because of her poverty. To this she submitted, but foretold she would be admitted after her death. She spent the rest of her life, where she died. Innocent IV began the process of her canonization that year. The cause was not undertaken until 1457. Her feast is celebrated on the fourth of September when her incorrupt body is carried in procession through Viterbo.

**September Calendar of Saints**

1. Bl. Beatrice of Silva
2. Bls. John Francis Burte, Severin Girault & Companions
4. St. Rose of Viterbo
17. Stigmata of our Holy Father Francis
18. St. Joseph of Cupertino
20. St. Francis Mary of Camporosso
23. Finding the body of St. Clare
26. St. Elzear of Sabran & Bl. Delphine

**Transitus**

Remember that we have been invited to join the Fathers and Brothers at Mission San Luis Rey for Transitus at the Mission. It will be followed by a reception after the service. See the following poster.

We will meet at Jane’s home to carpool at 5:00 PM.

**September Birthdays**

9/4  Bill Mussatto
9/5  David I’Anson
9/30  Agatha Borne

**September Anniversaries of Profession**

None
Summer Fun

July

Our July meeting was held at the home of Cyndi and Charles Howard. Here is a pictorial account of that day.

Charles overlooks the group

Left to right: Jon, Monica, and Maureen

The pool provided fun for the children.

Relaxing on the patio

Food and family time, then back to swimming

Jim
The joy of summer

A word before leaving
August
August saw us traveling to the Mussatto home in Claremont for our annual district picnic.

Left to right: Maureen, Dale, and Edison

Left to right: Joe, Denise, and Stephanie

Regional Minister and hostess with the mostest:
Judith Mussatto

Randy Rohrer mans the grill

Bill and the Rohrers worked hard to feed everyone.

Their efforts were really appreciated by all.
Formation on the Rule was followed by Bingo.

Pray for all who suffer because of terrorism and war throughout the world.

Franciscan School of Theology
The Franciscan School of Theology is now located at Mission San Luis Rey.
Phone numbers are (760) 547-1800 or toll free (855) 355-1550.

Please Pray

Julie Bash
End to abortion
Sanctity of marriage
Gilbert Serros—health
Anne Hurst (health of her eyes)
Barbara Turkowski
Health and wellbeing of Betty Sonderman and her friends and family
The end of human trafficking
The end of domestic violence
Gerald Borne, Jr.
Discernment for all of those who are in formation
Gilbert Williams—health
Agatha Borne
Agatha’s daughter Panchita and granddaughter Erika
Ted Hewitt
Edison Marshall
Linda Williams’ sister-in-law—repose of soul
Christine Nordlander—healing for back
Avis Ochoa—healing
Gracie—a little girl with liver cancer
Rachel Rodriguez from Holy Spirit-stroke  
Frank Miller-healing (throat cancer)  
Mary Plueger’s cousin Stephen-Repose of soul  
Agatha’s Goddaughter Tracie-Repose of soul  
Bob Eagleton-Repose of soul  
Richard Small-Repose of soul  
Immigrants throughout the world  
Thanksgiving to God for hearing and answering our prayers. His will be done.

**Change for Charity**

Our Change for Charity fund is continuing. We send donations to three charities at the beginning of each year. Please remember to add any spare change or bigger bills if you have been blessed. God will bless you and those in need will bless you as well.

**Gregorian Mass Fund**

For those who wish to participate in supporting our Gregorian Mass Fund, simply place any donation, no matter how large or small in an envelope and place in the basket on the table. When any member of the fraternity dies, the money will be used to have 30 Gregorian Masses said for the repose of the soul of the brother or sister who has passed. This is kept in a restricted fund and is supported only by voluntary donations as is the Change for Charity fund.